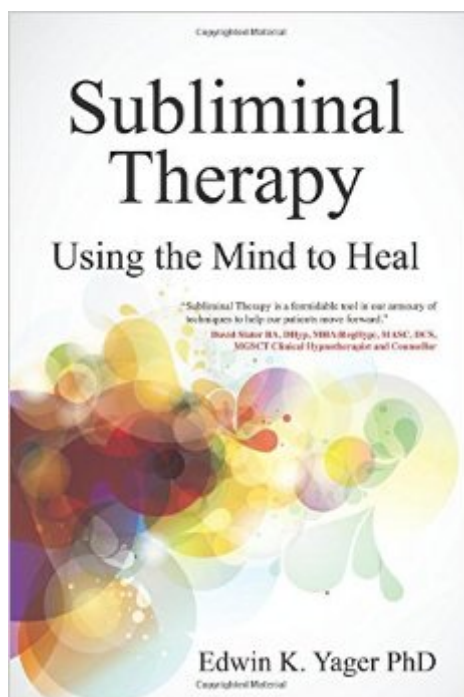


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# Subliminal Therapy: Using The Mind To Heal



## Synopsis

Subliminal therapy is a technique that utilizes hypnotic phenomena for therapeutic purpose without requiring a formal trance induction. The protocol is effective as a sole intervention or as an adjunct to other forms of treatment. In this volume, the reader is introduced to the concepts and applications of subliminal therapy and taught its protocol as well. This includes establishing identifiable communication with the unconscious domain, uncovering influences that are causing current problems, and resolving those influences. The logically applied protocol of subliminal therapy engages unconscious process to uncover the causes of presenting problems, whether manifesting physically emotionally intellectually or behaviorally and then to resolve that influence through re-framing and re-conditioning. The causes of psychogenic problems are usually not consciously recognized; only the resultant symptom the disability is apparent. Subliminal Therapy provides a practical, efficient, and logical way to identify the cause, as well as a practical, efficient, and logical way to resolve its influence. Although subliminal therapy may be a new concept for professionals, it has been evolving over the past 30 years into a most efficient protocol. The technique has proved especially effective in the treatment of anxiety and the effects of early abuse such as sexual dysfunction, unresolved anger and psychogenic medical problems.

## Book Information

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## Customer Reviews

I am a longtime hypnotist and hypnotherapist so my understanding of this text came quite easy. I have just begin to use this method and at least preliminarily, my experience is totally consistent

what I have found in the book. This appears to me at this point to be a tremendous breakthrough in healing. Conventional allopathic medicine has a pill to cover up almost any symptom, even if it has to render the patient unconscious or in a stupor. And many of the side effects are worse than the symptom. (ie. from Chantix website: "Some people have had changes in behavior, hostility, agitation, depressed mood, suicidal thoughts or actions while using CHANTIX to help them quit smoking. Some people had these symptoms when they began taking CHANTIX, and others developed them after several weeks of treatment or after stopping CHANTIX.") This is only one example. Dr. Yager has had a 99% average success with Subliminal Therapy for smoking cessation with no chemicals whatsoever, hence, no chance of side effects. This is huge folks. Very few books I have ever read would I rate as highly as this one.

Being a professional hypnotist I'm wondering why this approach has been so under taught and under used. I read the book, got the basic process down, and applied it. I LOVE IT. It's a wonderfully simple process that 95% of my clients can and do respond to easily. The author goes overboard re-naming the subconscious mind but it's the concept that's so profound. It really does give my clients the experience that something beyond their conscious awareness is taking place, which gives them the expectation that the process works and they can make the changes they've come for. This insight is what allows folks to shift into resourceful states and find old patterns changed. Deserves a wider audience.

This is one of the best techniques I have ever used. I have been a hypnotist for almost 6 years, I have studied direct suggestion, parts therapy, regression to cause, UltraHeight, and much more, but this is the best technique I have used as yet. It is a wonder way to "hypnotize" your client without a formal induction, plus you can do changework without having to drag your client back through the emotional traumas that caused the problems in the first place. This technique will be a cornerstone in my practice from now on.

A good man who pioneered a different Parts Therapy that several have copied

Really am enjoying it. Easy to understand.

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